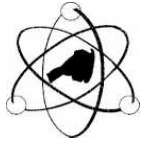
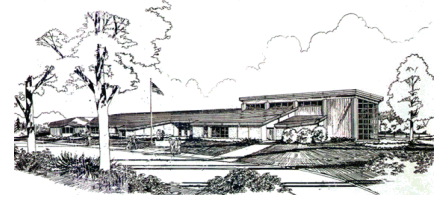


# HIGH TECH TIMES

MONMOUTH COUNTY  
VOCATIONAL  
SCHOOL DISTRICT



a bi-monthly newsletter of the  
**Parent Faculty Association**  
**High Technology High School**  
Lincroft, New Jersey  
<http://www.hths.mcvsd.org>



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October/November 2006

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## **Principally Speaking** **October/November 2006**

*I think nutrition is very important. If you eat bad, you feel bad. If you feel bad, you do bad things.*  
*Don Van Vliet*

OK, so maybe that quote is a little exaggerated, but it does make a point. Many of us are familiar with the saying that “you are what you eat,” and if you take the premise of both of these quotes, it brings about an understanding of why the state has decided to make school nutrition the issue “du jour” (sorry, I couldn’t help but insert a food reference there). Research certainly supports the notion that our nation does not place a high enough priority on eating healthy and, as often happens, that leads to policy makers feeling the need to take action. The directive has had an impact on all ages of school children, but let’s take a moment to look at the bright side.

Since the MCVSD adopted its new school nutrition policy this summer, many changes have been taking place at High Tech regarding the type and quantity of what is available for students to eat and drink. While there have been plenty of questions pondering why the state felt the need to dictate what can and cannot be served in schools, what has resulted has been a rewarding process. There has been a cooperative effort with Brookdale’s food services to provide better options that fit within the scope of the policy, and clubs have been brainstorming out of the box (even WAY out of the box) to find fundraising ideas beyond the bake sale. The creative juices (sorry, there’s another one) have been flowing and the results are gratifying. Students are actually researching the nutritional value of the foods they like to see if it is acceptable by the state standards, and they have combined efforts to move forward with the change in a positive and productive manner. Cheeseburgers and french fries have been replaced with grilled chicken sandwiches and tater tots. Is that so bad?

I see this whole experience as a life lesson. Oftentimes, laws are passed and rules are made with all good intentions and we, being creatures of habit, see changes to our ‘lifestyle’ as inconvenient and restricting. But rather than complaining and protesting, coming together to understand the reasons behind these types of decisions seems not only more productive, but certainly more rewarding. When students are selling fruit smoothies, pita chips and plain baked potatoes as a fund raiser, you need no greater proof.

Daniel D. Simon, Sr.  
Principal

## Co-Presidents' Letter

A great big thank you to the Hospitality Committee for organizing the Annual HTHS BBQ Lunch. We were blessed again with terrific weather and with a great bunch of volunteers who sent in delicious foods and/or volunteered their time. One cannot overemphasize the importance of volunteers; without them we would not be able to host the wonderful events during the academic year for our students.

Welcome to all the incoming freshmen and their parents. It was a pleasure to meet some of you at the BBQ. If you have any questions, do not hesitate to give us a call.

Our Education Support team held its annual Mock SAT on Saturday, September 16<sup>th</sup>. Thank you Dianne Thompson and Roxanne Karol for organizing this important event as well as the PSAT Prep Course.

Thank you to Deborah Shields for organizing the Driver's Ed course that started this month. She is a great source of information, and if you have any questions please contact her.

Our Super 50/50 Raffle is coming up, and tickets will be mailed to your home shortly. If you have any questions or need additional tickets, please contact Harold or Peggy Harris. The winning tickets will be pulled at our Classical Music Night on Friday, December 8<sup>th</sup>. Good luck!

PFA meetings are usually held the first Monday of every month (just check the PFA calendar for exceptions). All parents are welcome! It is a great opportunity for you to find out what is going on at school and how you can make a difference.

We look forward to seeing you at upcoming school events.

Sia Sauer & Kathy Rodman  
PFA Co-Presidents

### NEWSLETTER NOTES

*High Tech Times* is published six times a year by the HTHS PFA. It is available on the HTHS website [www.hths.mcvsd.org](http://www.hths.mcvsd.org), as well as on the BBS; look in the *PFA-HTHS Conference* and click on the *Old PFA Newsletters* folder at the top of the window. You might find the web or BBS version useful for printing out copies of forms, leaving your printed copy intact.

If you would prefer to receive *High Tech Times* as a PDF file via email instead of paper mail, please contact me via the BBS; you'll receive the newsletter a day or two sooner, help save postage and cut down (well, at least a little bit) on paper clutter in your mailbox. ☺

- Sue Malmi, Editor

### ▶ INSIDE THIS ISSUE:

Principally Speaking	1
Co-Presidents' Letter	2
PFA Membership	3
Classical Music Night	
BBS Support	
Fundraising Corner	4
Education Support	5
Hospitality Committee	
Student Congratulations	6
Scholarship Committee	
Corporate Donations	
PFA Executive Committee	7
Annual Donation Option	
Calendar	Back page
Schoolpop.com & QSP Reader's Digest	Insert
Fundraisers	

## PFA Membership

Thanks to those who have joined or renewed membership in the PFA! It is important for everyone, family and staff members, to join and participate in the HTHS PFA. Alumni are also welcome as members.

If you are not sure of your membership status, contact Diane Cusack on the BBS with any questions.

### PFA MEMBERSHIP as of September 2006:

Class	Total # Students	Total PFA Members	% Membership
Freshmen	63	54	86%
Sophomores	65	63	97%
Juniors	70	61	87%
Seniors	64	61	95%
ALL	262	239	91%

**Our goal is to have 100% of the HTHS families be active members of the PFA.**

P.S. We are pleased to report that once again **100% of our faculty** are members in the HTHS-PFA!

*Mark Your Calendar:*

*Classical Music Night 2006,  
December 8<sup>th</sup>, 7 pm.*



This PFA-sponsored event showcases the impressive musical talents, both vocal and instrumental, of our High Tech students. If you've attended in the past, you know you're in for a treat; if you haven't come before, this is an evening you won't want to miss. A brief PFA meeting will precede the performances, and the Super 50-50 Drawing will be held at intermission.

Look for a notice in October about how students can sign up to participate. We encourage all students, faculty, and parents to join us for an evening of wonderful music that reveals the artistic side of our High Tech students!

- Shelley Ziegler

## BBS Support

The PFA provides technical support for issues related to the connection and use of the **HTHS Bulletin Board Service (BBS)**. The BBS is a valuable communication medium between the students, parents and faculty of HTHS. Users have their own email address and access to message boards, such as Public Announcements, Principal's Announcements and PFA-HTHS.

To obtain a BBS account, you will need to complete a Parent BBS Request Form. Please review the BBS rules of conduct and return the signed form to the main office. An email account will then be set up for your private use. The form may be obtained through the HTHS website; go to [www.hths.mcvsd.org](http://www.hths.mcvsd.org) and select *Parent BBS Request Form* to the left on the home page.

If you have technical problems or questions concerning operation of the BBS system, please contact Jayne Kelly..

## **Fundraising Corner**

### **Barnes and Noble - December Date & Location TBA**

Shop for great holiday gifts and support your school at the same time. Detailed information will be sent home before the event.

### **Super 50/50 Drawing on Friday, December 8<sup>th</sup>**

This year's Super 50/50 tickets will be mailed to every family towards the end of October. Please keep a lookout for the tickets. Tickets are only \$5.00 each. Super 50/50 is one of our largest fundraisers and it benefits the Scholarship and General PFA fund. The 50% prize will be divided among three winners, giving you more chances to win!

The drawing will be held at Classical Music Night. For more tickets or additional information contact Harold or Peggy Harris.

### **Art and Gift Auction Friday, April 27<sup>th</sup>**

Our biggest fundraiser of the year! Spend an evening with friends bidding for exquisite artwork and take a chance on terrific gift baskets.

### **HTHS Logo Clothing Sale Ongoing - All Year**

Don't let your child be left out of the loop. Purchase your HTHS clothing as soon as possible. Order forms are available at the HTHS website at [www.hths.mcvsd.org](http://www.hths.mcvsd.org). Click on the PFA tab at the top of the screen, and then look for *Downloadable Forms* on the left hand side of your screen.

### **Annual Donation Option Ongoing - All Year**

Many families have participated in the Annual Donation Option. Since this is a donation and we are a registered tax-exempt organization, your contribution is tax deductible. Many employers also provide matching gifts to educational institutions. If your employer offers matching gifts, please take advantage of that program. See the form on page 7 of this newsletter to participate in the Annual Donation Option.

### **SchoolPop.com Ongoing - All Year**

HTHS is currently registered with SchoolPop.com, where your shopping on-line at over 250 merchants will benefit our school. Up to 18% of every purchase comes back to our school - at no extra cost to you. See the enclosed flyer for details.

### **QSP Reader's Digest Ongoing - All Year**

This is another "no work fundraiser." Shop for gift wrap, candles, chocolates and other gift items including scrap booking, "Build-a-Bear" and magazines. We will earn 50% of all gift purchases and 40% of all magazine purchases. Details are on the enclosed flyer.

- Patty Friedhoff, Fundraising Chair

## Education Support News

**DRIVER'S EDUCATION:** The fall session of the Driver's Education program is underway. Twelve juniors and 14 sophomores are enrolled. Ten students were put on the waiting list, due to classroom capacity limitations. The PFA plans to offer the course again starting on January 31<sup>st</sup> on Wednesdays from 2:45 to 4:30 pm for 15 weeks, except during exams and school vacations.



Students on the waiting list will have first priority for the January class. Registration information will be included in the December/January issue of the newsletter, but if you wish to register early, you can download the January registration form off of the HTHS website and mail it to my home address. The form is also available in both the Public Announcements and PFA-HTHS conferences on the BBS (posted by Deborah Shields, 9/14/06).

- Debbie Shields, Driver's Ed. Chairperson

**MOCK SAT TEST:** On September 16<sup>th</sup>, 37 students took the Mock SAT. We really appreciated the assistance of many parents with proctoring and grading: Joan Dale, Carol Luick, Randy Wishman, Yoonkee Kim, Victor Olefson, Madeline Ebinger, Susan Carlson, Sue Malmi, and George Mueller. Special thanks to Kathy Rodman for her help with setting up the coffee and goodies. Thanks to our Guidance team for getting us the SAT booklets and to Mrs. Hart and Mrs. Ascari for grading the essays for us!

- Roxanne Karol, Mock SAT Chairperson

**PSAT COURSE:** We have over 40 students signed up for the PSAT Course. Thank you to Dr. Eng, Mr. Bartlett and Mrs. Zilbergeld for teaching this course!

**EDUCATION SUPPORT NEEDS YOU!** We will need a Mock SAT Chair for 2008—if you want to co-chair it in 2007, you'd get to do a "trial run!" This involves managing the sign up list, getting and preparing the test booklets and the breakfast goodies, coordinating proctors/graders and writing a brief summary. We can also use a PSAT Course Chair for 2008 (or for 2007) - volunteer now! This involves coordinating with teachers, obtaining the books, managing the sign up list, getting snacks/thank you gifts and writing a brief summary. Finally, we are looking for a Driver's Education Chair for next year (preferably a parent who will have a sophomore next year). This position involves working with a driving school to schedule the course, sending out registration forms and collecting completed forms for two sessions during the school year. Please contact Dianne Thompson to get more information or to volunteer to take one of these positions.

- Dianne Thompson, Ed. Support Chairperson  
BBS "Bill & Dianne Thompson"

## Hospitality Committee



The Hospitality Committee would like to thank everyone for their help with the Back to School BBQ. It was a tremendous success. We appreciate everyone's continued support and efforts to help make school events a pleasure for all involved. We have many more events planned for the future, so if anyone wants to join Hospitality or volunteer their time, it would be much appreciated. If you have any questions, please contact Barbara Chao or any other Hospitality member. We will have a lot of fun!!

## **Student News**

*Congratulations to the following students who completed NJ Governor's School programs over the summer:*

**Harrison Cheng:** *The School on the Environment at Richard Stockton College*

**Nathan Dadap:** *The School of International Studies at Ramapo College*

**Yelizaveta Yermakova:** *The School of Engineering and Technology at Rutgers University*

## **Scholarship Committee**

We are happy to report that the PF A Scholarship Committee is continuing its efforts to locate new sources of funding for college scholarships for HTHS students. Our goal is to establish ongoing relationships with civic and business organizations who will sponsor one or more of these in-school scholarships.

One of the most time-consuming of our tasks is locating the appropriate contact within these organizations. If each HTHS family could provide just one contact, our potential for success in establishing a large variety of scholarships would be greatly increased. Toward this end, we are asking each family to consider the organizations you belong to or work for, and to find out the contact information that our committee could use.

Please try to get as much of the following information as is applicable:

- Organization Name
- Contact's Name
- Contact's Title
- Contact's Department within the Organization
- Contact's Telephone Number
- Contact's Email Address
- Contact's Mailing Address at the Organization

Send contact information to Jean Primavera on the HTHS BBS or to school in an envelope marked "Scholarship Committee".

## **Corporate Donations - Enrich Our Students' Activities**

As you may already know, school budgets throughout the state have been drastically cut, and High Tech's budget is no exception. For the last couple of years, funding for field trips and other special events has been cut back. We have limited funding for non-technical clubs from the district. Through their own initiative, our students have conducted numerous fundraisers so that they may participate in competitions and conferences. We should be so proud of them for their determination and motivation! However, their fundraising efforts have limitations.

This is where you can help. All we are asking you to do is to gather some information. Please take a few minutes at your place of employment to find out what your company may offer in the way of "Corporate Grants" or "Company Contribution Program." We will follow up if you supply us with the following information:

1. The name of your business;
2. Your company's website in order for us to obtain more information about their corporate grants and contributions;
3. The name of the contact person and the best way to reach that individual;
4. The criteria the business uses to determine eligibility for any of High Tech's specific clubs or events for such grants or contributions; and
5. A deadline date, if applicable.

Also, please consider finding possible funding through the businesses located in and around your community. The more funds we get, the more competitions, conferences and trips our students can participate in!

Any information is appreciated. Please contact Joan Dale, Corporate Grants Chair, via the BBS. Committee members are needed as well.

Thank you for helping us continue to make our children's education the best it can be.

## THE PARENT FACULTY ASSOCIATION (PFA)

### PFA Executive Committee

Membership on the Executive Committee consists of the elected officers and the chairperson(s) of each standing committee. For the School Year 2006-2007, the Executive Committee consists of the following members:

#### PFA Executive Board Members 2006-2007

Co-President.....Kathy Rodman Sia Sauer	Hospitality Co-Chairs.....Barbara Chao Lin Jagendorf Mary Ellen Castellano Randy Wishman
Vice-President.....Michele Robins	Membership.....Diane Cusack Laurie Olefson
Corresponding Sec.....Gail Folinas	Newsletter.....Sue Malmi
Recording Sec.....Susan Carlson	Parent-Student
Treasurer.....Danielle Bellavance	Activities Chair.....Shelley Ziegler

#### PFA Committee Members 2006-2007

Alumni Support Chair.....Sonal Shukla	Classical Evening.....Shelley Ziegler
Ed. Support Chair.....Dianne Thompson	Annual Picnic.....Victor/Laurie Olefson
PSAT/SAT Prep Course....Dianne Thompson Roxanne Karol	Post Prom Party
Driver's Ed Course.....Debbie Shields	Co-Chairs.....Diane Cusack Linda Ensor
Career Day.....Jane Rappleyea	Scholarships Chair.....Jean Primavera
Fundraising Chair.....Patty Friedhoff	Corporate Grants Chair.....Joan Dole
Annual Donation Option.....Danielle Bellavance	Senior Luncheon Co-Chairs....Sia Sauer Barbara Chao Lin Jagendorf Jean Primavera
Super 50/50.....Harold/Peggy Harris	Tech Support.....Jayne Kelly
Barnes & Noble.....Patty Friedhoff	
Art & Gift Auction.....TBA TBA	
Clothing Sales.....Linda Risden	

## HTHS Annual Donation Option 2006-2007

**We have eliminated many of our smaller and more time-consuming fundraisers but still need to reach our financial goals. Your ANNUAL DONATION can make a huge difference in your child's educational experience at High Tech.**

If you are interested in this option, please complete this form and return it to the PFA Mailbox in the office or mail it to:

HTHS-PFA, Attention Danielle Bellavance  
P.O. Box 119, Lincroft, New Jersey, 07738

I/We choose the single annual donation of the recommended \$100.00 or more. Enclosed is our check made payable to HTHS-PFA. I/We understand that we will also receive the information on the other fundraisers because of the method the PFA uses to distribute them. We can file this information away with a clear conscience or participate if we choose to do so.

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student's Name

Class of 2007  
Class of 2008  
Class of 2009  
Class of 2010



**Yes, my employer will match this gift.**

Name of Employer: \_\_\_\_\_

Your annual **tax-deductible** donation goes to Scholarships and the PFA General Fund, which historically supports the Post-Prom Party, education grants, trips, newsletters, directory and hospitality events. Contact Danielle Bellavance via the BBS with any questions.

# HTHS CALENDAR

## OCTOBER 2006

- 2 Mon School Closed
- 3 Tue Senior Portrait Makeups  
PFA PSAT Prep Course (2:35-4:50 pm)  
PFA Meeting (7 pm) - *All are welcome*
- 4 Wed PFA PSAT Prep Course (2:35-4:50 pm)
- 5 Thu Underclass Portraits
- 9 Mon School Closed - Staff Day
- 10 Tue PFA PSAT Prep Course (2:35-4:50 pm)
- 11 Wed PFA PSAT Prep Course (2:35-4:50 pm)
- 12 Thu #1 Info Session (6:30 pm)
- 14 Sat Official SAT Test Date
- 16 Mon MP1 Progress Reports Mailed
- 17 Tue College Funding Night (7 pm) at  
District Main Office, Freehold
- 18 Wed PSAT - All 10<sup>th</sup> & 11<sup>th</sup> Graders
- 19 Thu Parent/Teacher Conferences (6:30-8:30 pm)
- 20 Fri SGA Event - Fright Fest (7 pm)
- 23 Mon District PFA Meeting (7 pm)
- 28 Sat #2 Info Session (10 am)

## NOVEMBER

- 4 Sat #3 Info Session (10 am)  
Official SAT Test Date
- 6 Mon PFA Meeting (7 pm) - *All are welcome*
- 9-10 Thu-Fri School Closed - NJEA Convention
- 14 Tue End of Marking Period 1  
National Honor Society Induction (7 pm)
- 16 Thu #4 Info Session (6:30 pm)
- 17 Fri SGA Event - Lock-In (7 pm)
- 21 Tue MP1 Report Cards Mailed
- 23-24 Thu-Fri School Closed - Thanksgiving

## DECEMBER

- 2 Sat Official SAT Date
- 4 Mon PFA Meeting (7 pm) - *All are welcome*
- 8 Fri Classical Music Night, Super 50/50 Drawing,  
PFA General Meeting (7 pm)
- 15 Fri SGA Event (7 pm)
- 22 Fri MP 2 Progress Reports Mailed
- 25-29 Mon-Fri School Closed - Winter Holiday

Parent Faculty Association  
High Technology High School  
Monmouth County Vocational School District  
PO Box 119  
Lincolnton, NJ 07738

# Shop & Earn™

## Turn your everyday shopping into money for our organization!

### Dear Supporters,

How would you like to start earning money for our nonprofit organization every day - just by shopping? Now you can! We have enrolled in the **Schoolpop/OneCause Shop & Earn Program**, a year-round shopping program that allows you to earn contributions for our organization through everyday purchases. It's absolutely FREE! In fact, you can even save money with Schoolpop/OneCause's weekly merchant specials and seasonal promotions.

**It's so simple!** All you have to do is register with Schoolpop/OneCause and start shopping online at [www.schoolpop.com](http://www.schoolpop.com) with hundreds of your favorite leading merchant websites, select stores, and catalogs. Up to 18% of each purchase goes right back to our nonprofit organization! You can also earn contributions when you purchase gift certificates from hundreds of leading national and local merchants, including stores, restaurants, theaters, services, airlines, and more. Earn a 3% contribution for our organization on every gift certificate you buy.

### Here's how to get started

1. Go to [www.schoolpop.com](http://www.schoolpop.com) and click Join. Choose **High Technology High School (Account # 0241489)** to receive credit for your purchases.
2. Fill out your Profile Information and choose your Preferences. Remember to register your debit and credit cards on Schoolpop/OneCause's secure server so that our organization earns the contributions from your purchases.
3. Opt-in to receive emails about new merchants, special promotions, and extra bonuses. Be sure to add [schoolpop@schoolpop.p0.com](mailto:schoolpop@schoolpop.p0.com) to your address book.
4. Set [www.schoolpop.com](http://www.schoolpop.com) as your home page! It's easy - while you are in your Internet browser, choose Tools from the top menu, select Internet Options, and add [www.schoolpop.com](http://www.schoolpop.com) as your Home Page. The next time you log onto the Internet, you'll be set to shop at Schoolpop/OneCause.
5. **START SHOPPING!**

Remember, the more you shop through Schoolpop/OneCause, the more you earn for our nonprofit organization!

**Enroll TODAY at [www.schoolpop.com](http://www.schoolpop.com)**

*Welcome to High Tech's  
Internet Gift and Magazine Fundraiser*

**QSP Reader's Digest**

Dear Parents, Friends, and Supporters:

We are pleased to be offering a "NO WORK Fundraiser" through **QSP Reader's Digest**. Shop for gift wrap, candles, chocolates and other gift items including Scrap Booking, "Build-a-Bear" and Magazines!

**Just Remember:** Thousands of dollars that could benefit our organization are lost each year because people are ordering or renewing magazine subscriptions directly through the publishers. Renew your current subscriptions, order gift subscriptions and let's get that "free money" flowing in our direction!

**This is all you need to do:**

- ❖ Go to [www.QSP.com](http://www.QSP.com).
- ❖ Follow directions to register. Our **GIFT** account number is **710317075**. Our **MAGAZINE** account number is **425011118**.
- ❖ **Shop 'til you drop** in the comfort of your own home.
- ❖ Input email addresses of family members and friends you would normally see during a regular catalog sale so that they can help us with our fundraising.

**We will earn 50% of all gift purchases and 40% of magazine purchases**

Let's make this our best fundraiser yet!

As always, thank you for your continued support!